



BCCI AGE VERIFICATION PROGRAM

Player/Parent Information Guide

PLEASE READ - IT IS FOR YOUR BENEFIT

WHY?

To identify the:

- ✓ Ideal age to introduce sports
- ✓ Ideal age for sports selection
- ✓ Ideal age for learning different sports skills
- ✓ Ideal age for various physical skills and peak performance
- ✓ Prevention of injuries particularly overuse injuries
- ✓ To prevent age manipulation for competitive advantage

BENEFITS

- ✓ To help children play cricket under **best possible conditions**.
- ✓ To ensure that cricketers of **even physical development** play against each other.
- ✓ The intention of the test is to ensure that the **fairest, safest and most accurate** measure of a player's physical development is measured.

HOW?

- ✓ **ONE** x-ray of the left wrist and hand is to be taken.
- ✓ The TW3 Method (Tanner-Whitehouse) is sufficient to establish a player's bone maturity development. There is an allowance made for a standard deviation in accuracy of up to +/- six months.
- ✓ The x-ray is of **minimal radiation (Total radiation is 0.01 mSv** as compared to natural radiation in the atmosphere from the sun and food and water which are 0.26 mSv and 0.39 mSv respectively).
- ✓ The BCCI will maintain an age verification database and the x-ray needs to be done **ONLY ONCE**.
- ✓ **The TW3 Method of bone maturity is a standalone test. It does not attempt to predict the Chronological Birth Age**